

Month:

Important Dates

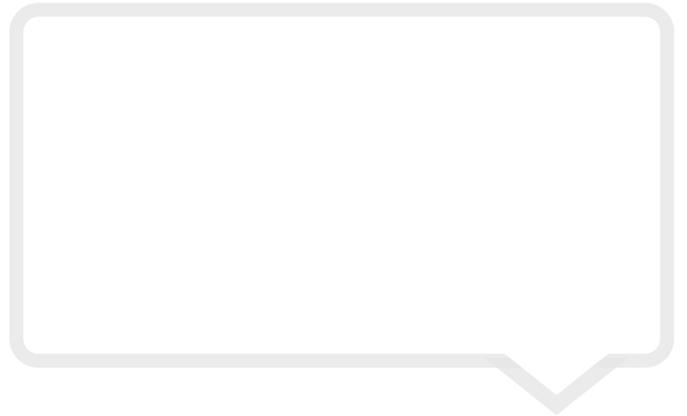
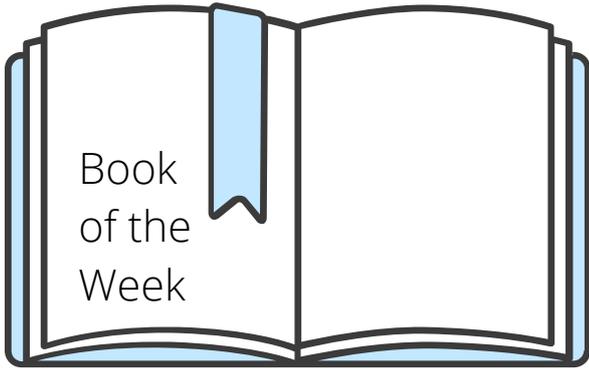
Birthdays

Priority List

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Week:



Grocery List

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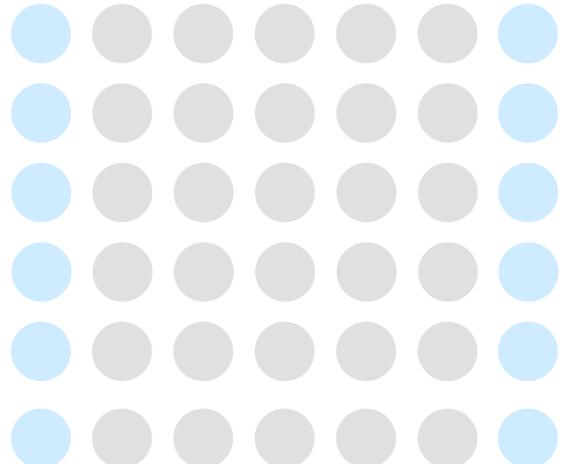
Weekly Plan

Workout Plan

Meal Plan

Daily Tasks

S M T W T F S



Week:

Workout Plan

"It doesn't get easier. You just get better."

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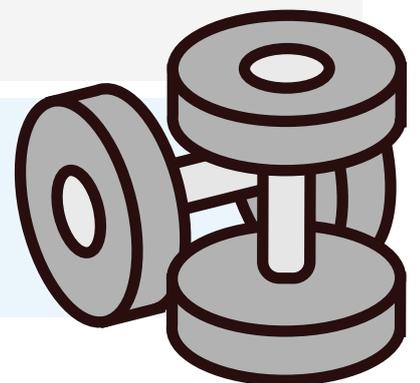
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Week:

Meal Plan

"You are what you eat"

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Date:



S M T W T F S





Writing Prompt



ZZZZZZZZZZ



Urgent

Not Urgent

Important

Empty box for Urgent and Important

Empty box for Not Urgent and Important

Not Important

Empty box for Urgent and Not Important

Empty box for Not Urgent and Not Important